Cascade Bands | Band Camp 2019 | Mark Staley, Director

Cascade High School - 801 E. Casino Road Everett, WA 98208

Cascade Sound Marching Band & Color Guard Band Camp 2019 Everett, WA

Wednesday August 14, 2019

4:30 PM	Check in outside Band Room Steps (All gear stored in Band Room) (Previous years obligations need to be cleared before this time)
5:00 PM	Potluck Dinner and Introductions
6:30 PM	Pass out School owned instruments
7:30 PM	Warmups
10:00 PM	Shower
11:00 PM	Lights out

Thursday- Friday August 15th -16th, 2019

7:30 AM	Wake-up/Breakfast - Shower
8:30 AM	Full Stretch - Cafeteria
9:00 AM	Warmups/Music
10:00 AM	Marching Basics i.e. Visual
12:00 PM	LUNCH
1:00 PM	Music
3:15 PM	Afternoon Activity
5:00 PM	Dinner
6:30 PM	Visual
8:30 PM	Evening Activity (Friday Night Talent Show see Drum Majors for
	sign-ups)
10:00 PM	Shower
11:00 PM	Lights Out

Saturday August 17th, 2019

7:30 AM

3:00 PM	Everyone picked up at this time (must check out with director)
2:00 PM	Clean Up School
1:00 PM	Music Full Ensemble
12:00 PM	LUNCH
10:00 AM	Marching Basics i.e. Visual
9:00 AM	Warmups/Music
8:30 AM	Full Stretch - Cafeteria
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Wake-up/Breakfast- Shower

See the next page for what to bring. All food for the overnights is provided for. Only All days starting August 19 will students need to bring a sack lunch. Going off campus for lunch is not allowed. Band Practice resumes Monday August 19 please check the calendar for times when your sections need to be present. There could be changes based on Staff schedules.

What to bring!

This year's band camp looks promising to be warm!

- PLEASE Make sure to wear light colored clothing that is appropriate and follows all school dress codes. Light colors will not absorb as much heat. PLEASE Make sure to have good tennis shoes on. Converse and Vans <u>are not</u> examples of quality footwear for marching band. No Flip- flops either. We do not allow jeans on the field as they restrict movement- please were comfortable clothes to move in. Make sure to bring enough clothes for the entire time.
- PLEASE Make sure to bring items needed so you can shower in the locker rooms to clean off the sweat from the day's hard work. Deodorant is a must; bring your toiletries in a neat bag.
- You will need to have a sleeping bag, air mattress, pillow as we will be staying on the gym floor at Cascade high School. NO TENTS ALLOWED AS USUAL.
- PLEASE Make sure to bring a water bottle with your name on it. Sharing water bottles is not allowed so that everyone stays healthy. We will have plenty of water jugs for you to refill throughout the day.
- PLEASE Make sure to bring Sunscreen please make sure you apply in the morning after you wake and reapply during lunch and whenever needed.
- PLEASE Make sure to bring a pencil for marking on music. And all other items needed for your instruments- reeds, valve oil, sticks, etc.
- PLEASE Make sure to bring your instrument! School instruments that are needed will be checked out at band camp.

Looking forward to seeing all of you on Wednesday August 14!

Bring Completed Band Camp Permission slips to the Cascade Main Office by Tuesday August 13, 2019 by 3:30 PM.

Band Camp Location:

Cascade High School 801 E. Casino Rd. Everett, WA 98203

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